

# Child Intake

Name of child: \_\_\_\_\_ Date: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Gender: M F

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Email address: \_\_\_\_\_

Would you like to receive our email newsletter? Y N  
(We will not share your email address with anyone else)

Phone number: Home: \_\_\_\_\_ Cell: \_\_\_\_\_  
Work: \_\_\_\_\_

Would you like to receive confirmation emails when you schedule/change appointments?  
Yes No

Our office will send appointment reminders 48 hrs prior to your appointment, **you must opt for at least 1:**

- Phone call- preferred phone to contact: \_\_\_\_\_
- Email
- Text message

Optional additional reminders (we can send you as many as you like):

- Email 24 hours before
- Email 3 hours before
- Text message 24 hours before
- Text message 3 hours before
- Phone call 24 hours before

## Insurance Provider

Primary: \_\_\_\_\_ Secondary: \_\_\_\_\_

- I prefer to bill my own insurance
- I prefer the clinic to bill my insurance on my behalf

Emergency contact: Name: \_\_\_\_\_

Relation: \_\_\_\_\_ Phone number: \_\_\_\_\_

How did you hear about the clinic? \_\_\_\_\_  
\_\_\_\_\_

Other health care providers the child is seeing (ie. medical doctor, chiropractor, etc):

- |           |           |           |
|-----------|-----------|-----------|
| 1. _____  | 2. _____  | 3. _____  |
| _____     | _____     | _____     |
| _____     | _____     | _____     |
| ( ) _____ | ( ) _____ | ( ) _____ |

Child's health concerns in order of importance:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## Medical History

List past or present serious conditions, illnesses, injuries and hospitalizations with approximate dates:

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Does the child have any allergies (medications, environmental, etc)?

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List all current medications with dosage if known (including prescription and over the counter drugs, vitamins, supplements, herbs, homeopathics, etc):

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Does the child frequently use any of the following (please check yes or no):

	Yes	No	If yes, how often
Tylenol/Advil	_____	_____	_____
Other painkillers	_____	_____	_____
Antacids	_____	_____	_____
Laxatives	_____	_____	_____

Please list past prescription medications and indicate time of usage:

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Does the child get regular screening tests done by another doctor? (blood tests, etc) Y N

How long has it been since the child last saw a medical doctor? \_\_\_\_\_

How many times has he/she been treated with antibiotics? \_\_\_\_\_

Please indicate which vaccinations the child has received:

- DPT (diphtheria, pertussis, tetanus)       Haemophilus influenza B  
 MMR (measles, mumps, rubella)       Hepatitis A and B  
 Flu shot

Other: \_\_\_\_\_

Has he/she had any adverse reactions to vaccinations? \_\_\_\_\_

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## Family Health History

Please indicate if a close relative of the child (parent, grandparent, sibling, etc) has had any of the following:

	Family Member		Family Member
Allergies		Depression	
Asthma		Other mental illness	
Heart disease		Drug abuse/alcoholism	
High blood pressure		Kidney disease	
Diabetes		Other	
Cancer			

**Diet**

Does the child have any food allergies or sensitivities? Please list:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Does he/she have any food restrictions? (vegetarian, vegan, religious, etc)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe a typical day’s diet:

Breakfast \_\_\_\_\_

Lunch \_\_\_\_\_

Dinner \_\_\_\_\_

Snacks \_\_\_\_\_

Beverages/water \_\_\_\_\_

**Environment**

Hobbies \_\_\_\_\_

Does the child play sports?    Y    N    if yes, how often and what do they do?

\_\_\_\_\_

Is the child exposed to second hand smoke?                      Y    N

Is the child frequently exposed to animals (pets, daycare)?                      Y    N

Is he/she regularly exposed to toxins or hazards (home, hobbies, etc)?            Y    N

    Please describe: \_\_\_\_\_

\_\_\_\_\_

How many hours does the child sleep each night? \_\_\_\_\_

Does he/she sleep well, if no, please describe? \_\_\_\_\_

\_\_\_\_\_

If the child is in school, does he/she enjoy school and how is the child doing in school? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Describe the emotional state of the child’s home: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Is there anything that you feel is important that has not been covered? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Check the conditions that the child is currently experiencing, or has experienced often in the past.

	current	past		current	past		current	past
<b><u>General Symptoms</u></b>			<b><u>Respiratory</u></b>			<b><u>Gastrointestinal</u></b>		
Loss of consciousness	<input type="checkbox"/>	<input type="checkbox"/>	Chronic cough	<input type="checkbox"/>	<input type="checkbox"/>	Trouble swallowing	<input type="checkbox"/>	<input type="checkbox"/>
Numbness / tingling	<input type="checkbox"/>	<input type="checkbox"/>	Shortness of breath	<input type="checkbox"/>	<input type="checkbox"/>	Poor digestion	<input type="checkbox"/>	<input type="checkbox"/>
Fever/chills	<input type="checkbox"/>	<input type="checkbox"/>	Sputum	<input type="checkbox"/>	<input type="checkbox"/>	Indigestion	<input type="checkbox"/>	<input type="checkbox"/>
Sweats	<input type="checkbox"/>	<input type="checkbox"/>	Wheezing	<input type="checkbox"/>	<input type="checkbox"/>	Excessive hunger	<input type="checkbox"/>	<input type="checkbox"/>
Fainting	<input type="checkbox"/>	<input type="checkbox"/>	Breathing problems	<input type="checkbox"/>	<input type="checkbox"/>	Change in thirst	<input type="checkbox"/>	<input type="checkbox"/>
Seizures/convulsions	<input type="checkbox"/>	<input type="checkbox"/>	Asthma / Bronchitis	<input type="checkbox"/>	<input type="checkbox"/>	Change in appetite	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness	<input type="checkbox"/>	<input type="checkbox"/>	Allergies	<input type="checkbox"/>	<input type="checkbox"/>	Belching or gas	<input type="checkbox"/>	<input type="checkbox"/>
Frequent colds / flus	<input type="checkbox"/>	<input type="checkbox"/>	<b><u>Cardiovascular</u></b>			Nausea / Vomiting	<input type="checkbox"/>	<input type="checkbox"/>
Loss of weight	<input type="checkbox"/>	<input type="checkbox"/>	Bleeding disorders	<input type="checkbox"/>	<input type="checkbox"/>	Abdominal pain	<input type="checkbox"/>	<input type="checkbox"/>
Fatigue/weakness	<input type="checkbox"/>	<input type="checkbox"/>	Anemia	<input type="checkbox"/>	<input type="checkbox"/>	Constipation	<input type="checkbox"/>	<input type="checkbox"/>
<b><u>Head / Neck</u></b>			Chest pain	<input type="checkbox"/>	<input type="checkbox"/>	Diarrhea	<input type="checkbox"/>	<input type="checkbox"/>
Headaches	<input type="checkbox"/>	<input type="checkbox"/>	Murmors	<input type="checkbox"/>	<input type="checkbox"/>	Blood in stool	<input type="checkbox"/>	<input type="checkbox"/>
Head injury	<input type="checkbox"/>	<input type="checkbox"/>	Palpitations/fluttering	<input type="checkbox"/>	<input type="checkbox"/>	Black, tarry stool	<input type="checkbox"/>	<input type="checkbox"/>
Vision problems	<input type="checkbox"/>	<input type="checkbox"/>	Poor circulation	<input type="checkbox"/>	<input type="checkbox"/>	Hernias	<input type="checkbox"/>	<input type="checkbox"/>
TMJ concerns	<input type="checkbox"/>	<input type="checkbox"/>	Heart problems	<input type="checkbox"/>	<input type="checkbox"/>	<b><u>Infections / Illnesses</u></b>		
Earaches	<input type="checkbox"/>	<input type="checkbox"/>	<b><u>Genitorurinary</u></b>			Herpes	<input type="checkbox"/>	<input type="checkbox"/>
Decreased hearing	<input type="checkbox"/>	<input type="checkbox"/>	Pain on urination	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis	<input type="checkbox"/>	<input type="checkbox"/>
Sinus problems	<input type="checkbox"/>	<input type="checkbox"/>	Blood in the urine	<input type="checkbox"/>	<input type="checkbox"/>	Plantar warts	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty swallowing	<input type="checkbox"/>	<input type="checkbox"/>	Bedwetting	<input type="checkbox"/>	<input type="checkbox"/>	Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Frequent colds	<input type="checkbox"/>	<input type="checkbox"/>	Urgency	<input type="checkbox"/>	<input type="checkbox"/>	HIV / AIDs	<input type="checkbox"/>	<input type="checkbox"/>
Hayfever	<input type="checkbox"/>	<input type="checkbox"/>	Increased frequency	<input type="checkbox"/>	<input type="checkbox"/>	Cancer	<input type="checkbox"/>	<input type="checkbox"/>
<b><u>Skin</u></b>			Hesitancy	<input type="checkbox"/>	<input type="checkbox"/>	<b><u>Muscles and Joints</u></b>		
Rashes / Eczema	<input type="checkbox"/>	<input type="checkbox"/>	Frequent infections	<input type="checkbox"/>	<input type="checkbox"/>	Stiff neck	<input type="checkbox"/>	<input type="checkbox"/>
Itching	<input type="checkbox"/>	<input type="checkbox"/>				Backache	<input type="checkbox"/>	<input type="checkbox"/>
Acne	<input type="checkbox"/>	<input type="checkbox"/>				Swollen joints	<input type="checkbox"/>	<input type="checkbox"/>
Bruise easily	<input type="checkbox"/>	<input type="checkbox"/>				Foot trouble L / R	<input type="checkbox"/>	<input type="checkbox"/>
Dryness	<input type="checkbox"/>	<input type="checkbox"/>				Shoulder pain L / R	<input type="checkbox"/>	<input type="checkbox"/>
Boils / Hives	<input type="checkbox"/>	<input type="checkbox"/>				Elbow pain L / R	<input type="checkbox"/>	<input type="checkbox"/>
Change in mole	<input type="checkbox"/>	<input type="checkbox"/>				Wrist pain L / R	<input type="checkbox"/>	<input type="checkbox"/>
Night sweats	<input type="checkbox"/>	<input type="checkbox"/>				Hip pain L / R	<input type="checkbox"/>	<input type="checkbox"/>
						Knee pain L / R	<input type="checkbox"/>	<input type="checkbox"/>
						Weakness / loss strength	<input type="checkbox"/>	<input type="checkbox"/>
						Muscle spasms/cramps	<input type="checkbox"/>	<input type="checkbox"/>